# PERSONAL GREETINGS & CHECK-INS



Inside the Handout

#### BENEFITS

Why having a positive relationship with your students is beneficial

### WHAT YOU CAN DO

Ways that you can build a positive relationship

#### RESOURCES

Learn more about the effects of positive relationships and classroom climate

## **POSITIVE STUDENT-TEACHER RELATIONSHIPS**

- Help students feel welcome and safe in the classroom.
- Increase student motivation and engagement in academic activities. Students who have close, positive, and supportive relationships with their teachers attain higher levels of achievement than students with more conflict in their relationships.
- Offer a context in which students learn about emotion expression, and social interactions, and create a model for positive student interactions.
- Impact peer relationships and classroom climate; when students see another student receiving praise, they increase their opinion of that student.
- Create the foundation for effective classroom management. Students are more likely to follow classroom rules when they feel valued by their teachers. Teacher praise and disappointment are more meaningful when the student respects the teacher.
- Create trust that allows a student to ask for help or share when they are struggling.







Check out the Culturally Responsive Practices handout to consider how to adapt this strategy to match your students' cultures and identities!

### WHAT YOU CAN DO

- **Greet** students when they enter the classroom and say goodbye when they leave at the end of the day.
  - Make eye contact, use student's name, smile, get on their level
  - Have each student choose a special handshake or gesture
  - Consider how to greet each student (e.g., students you know well v. those you do not, shy students v. more social students)
- Personal Check-ins: An interaction (less than 1 minute) in which you learn something new about the child and show interest in their hobbies or activities outside of school. Infuse what you learn about your student into your instruction (e.g., writing prompt, reading book).
- **CARE Time** is a method in which you engage with the student; CARE Time stands for:

C: Child centered focus

A: Affirming

R: Reflect the child's words or behavior

E: Enjoy yourself and enjoy the child

This is a one-on-one teacher-student interaction separate from academics in which you get to learn about the child's personal interests. It is an extended check-in and the time can be used talking, drawing together, and/or playing a game.

- Highlighting Positive Personal Attributes: Genuinely calling attention to a child's positive personal qualities that are unrelated to behavioral compliance or academic ability. Examples could include: artistic abilities, persistence, creativity, courage, social skills, being talented at certain games, athletic abilities, musical or drama abilities.
- Highlight the positive strengths and characteristics of students in front of their peers. This can counter the development of negative reputations, which is particularly important for students with emotional and/or behavior problems.
- Praise positive behaviors.
- Provide a structured environment with clear expectations: Reviewing rules creates a safe, predictable environment.
- Share age-appropriate examples from your personal life regarding things you care about (hobbies, food, family, friends, pet) with your students.



### Resources

This website describes how to honor your students' heritage by pronouncing their names correctly:

https://www.pbssocal.org/educatio n/at-home-learning/honorstudents-heritage-pronouncingnames-correctly/

This website provides extensive information about the student-teacher relationship and video demonstrations of the strategies:

https://www.apa.org/education/k1 2/relationships

Consider having a personalized greeting for each student such as a handshake. An example of a teacher doing this is in the video link below:

http://www.dailymail.co.uk/news/ article-4184184/Amazing-teacherunique-handshake-student.htm

Other strategies can be found at this website:

https://tinyurl.com/5avstw9s

**Using Cooperative Learning:** 

https://www.thoughtco.com/effect ive-cooperative-learningstrategies-2081675

Another video with helpful ideas:

https://tennesseebsp.org/how-to-videos/#/lightbox&slide=7